

***Pathways Christian Counseling***  
230 W. Sandusky St, Findlay, OH 45840  
419-423-7812 419-423-9877 (fax)

**Client Acknowledgement of Receipt of Information**

I have read, understood and agree to the Pathways Christian Counseling Office Policies, Informed Consent and Service Agreements. I agree to pay Pathways Christian Counseling the designated fees for services provided to me as described in their Office Polices. I understand that I am personally responsible for all payments. I authorize the provider to furnish information to my insurance carrier concerning my treatment, as well as to receive payment of medical benefits. If insurance is not being used, I am responsible to pay the amount agreed upon with my provider.

I have received copies of Pathways Christian Counseling Client's Rights and Responsibilities and Privacy Policies.

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Please print client name

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Date

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Signature of client

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Signature of spouse

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Date

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Signature of parent or guardian (if minor)

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Date

## Client Confidential Information

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Client Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Phone Number: (home) \_\_\_\_\_ (work) \_\_\_\_\_ (cell) \_\_\_\_\_

Can we leave a message Y/N \_\_\_\_\_ Social Security# \_\_\_\_\_

Client Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Spouse's Name \_\_\_\_\_ Spouse's DOB \_\_\_\_\_

Spouse's Occupation \_\_\_\_\_ Spouse's SS# \_\_\_\_\_

Parent's Name (for Minors) \_\_\_\_\_

Parents Address (if different from client) \_\_\_\_\_

## Emergency Contact:

Name \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to client \_\_\_\_\_ OR

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship to client \_\_\_\_\_

## Others living in the home:

Name \_\_\_\_\_ Age \_\_\_\_\_ Name \_\_\_\_\_ Age \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

If you have had previous psychiatric care or counseling, please indicate where, for what purpose and for how long \_\_\_\_\_

\_\_\_\_\_

Who referred you to us? \_\_\_\_\_ May we thank him/her for the referral? \_\_\_\_\_

Is your visit employment or accident related? \_\_\_\_\_ Please Explain \_\_\_\_\_

**Insurance Information: Please complete or ask receptionist to make a copy of your insurance card.**

Primary Insured name \_\_\_\_\_ Insurance Company \_\_\_\_\_

Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_

Phone Number \_\_\_\_\_ Claims Address \_\_\_\_\_

**PRE-COUNSELING SELF REPORT**

Name \_\_\_\_\_ Date \_\_\_\_\_

**PERSONAL**

1. What brought you to seek treatment?

\_\_\_\_\_  
\_\_\_\_\_

2. What are your goals in counseling?

\_\_\_\_\_  
\_\_\_\_\_

3. What have you done about these concerns before coming to counseling? \_\_\_\_\_

\_\_\_\_\_

4. Please share any other information about yourself that would be helpful in the counseling process: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_**FAMILY ORIGIN AND HISTORY**

1. List siblings and ages: \_\_\_\_\_

\_\_\_\_\_

2. Names of parents (biological, adoptive, step, etc.) and ages (note if deceased)

\_\_\_\_\_  
\_\_\_\_\_

3. Please list any known substance abuse/addictions, depression, anxiety, mental illness, etc. with yourself or family history.

\_\_\_\_\_  
\_\_\_\_\_**MARITAL HISTORY**

1. Please provide information about your current marriage and any past marriages if applicable. Include year married, length of marriage and children (name, age and custody) from each marriage.

\_\_\_\_\_  
\_\_\_\_\_

2. Current living arrangement. \_\_\_\_\_

\_\_\_\_\_

**LEGAL HISTORY**

1. Please explain any legal history you have had.

\_\_\_\_\_  
\_\_\_\_\_

**Please feel free to include any further pertinent information about yourself on the back of this page. Thank you.**

Name and Date \_\_\_\_\_

### DESCRIPTION OF SYMPTOMS

Please check all the boxes which apply to you even if it seems unrelated to your current counseling issue.

#### CHANGE IN:

- Sleep \_\_\_\_\_ increase \_\_\_\_\_ decrease
- Average hours/night
- Trouble falling asleep
- Trouble staying asleep
- Appetite \_\_\_\_\_ increase \_\_\_\_\_ decrease
- Health (explain) \_\_\_\_\_
- Weight
- Lost or gained (circle)  
     How Much? \_\_\_\_\_  
     Over How Long? \_\_\_\_\_
- Physical Energy  
     (explain) \_\_\_\_\_

#### RECENT HISTORY OF:

- Nausea and Vomiting
- Diarrhea
- Shortness of Breath
- Rapid Breathing
- Severe headache
- Confusion
- Bleeding
- Crying Spells
- Other Illness: \_\_\_\_\_

#### THOUGHTS OF:

- Harming Self  
     Date of most recent episode \_\_\_\_\_  
     Did you have a plan? \_\_\_\_\_  
     If yes, please describe \_\_\_\_\_
- Harming Others
- Suicide
- Self Mutilation (cutting, burning)  
     (explain) \_\_\_\_\_

#### LIFE CHANGE:

- Death in Family  
     Relationship \_\_\_\_\_ When \_\_\_\_\_
- Divorce/Separation  
     of parents/guardian/Spouse
- Loss of Friend
- Physical Illness
- Other \_\_\_\_\_

#### FEAR OF:

- Death  
     \_\_\_\_\_ your own \_\_\_\_\_ someone else
- Being Alone
- Animals
- A Place or Situation
- AIDS
- "Going Crazy"
- Germs

#### CONFLICT WITH:

- Spouse
- Children
- Parents
- Brother or Sister
- Another student/peer
- Girl/boy Friend
- School Authority
- Police  
     (explain) \_\_\_\_\_

(continued on next page)

Name and Date: \_\_\_\_\_

**FEELINGS OF:**

- Anxiety
- Depression
- Low Self Worth
- Jealousy
- Tension
- Anger/Rage
- Boredom
- Loss of Interest in pleasurable things  
(explain) \_\_\_\_\_
- Excessive need for pleasure/thrills  
(explain) \_\_\_\_\_
- Hopelessness
- Thoughts racing
- Poor concentration/distracted
- Difficulty in making decisions

**ABUSE:**

- Sexual
- Physical

Explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PROBLEM WITH:**

- Time Management
- Work
- Class Work
- Homework
- Social relationships
- Family relationships

**OTHER:**

- Legal/Criminal troubles  
(explain) \_\_\_\_\_

**EXPERIENCE OF:**

- Vivid Dreams  
(explain) \_\_\_\_\_
- Nightmares  
(explain) \_\_\_\_\_
- Hearing voices
- Memory problems  
(explain) \_\_\_\_\_
- Loss of orientation to time, place, or person  
(explain) \_\_\_\_\_
- Hallucinations  
(describe) \_\_\_\_\_
- Sexual problem  
(describe) \_\_\_\_\_
- Accelerated heart rate
- Increased sweating
- Chest pain
- Choking
- Difficulty breathing
- Hot flashes

**SUBSTANCE USE:**

Type Of substance(s) used (e.g. alcohol, marijuana)

\_\_\_\_\_  
\_\_\_\_\_

Last date of use: \_\_\_\_\_

History of alcohol/substance use: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Frequency of use: \_\_\_\_\_

Amount of use: \_\_\_\_\_

**Please review the boxes you checked and circle those of greatest concern to you right now.**

### MEDICAL HISTORY

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Conditions Yes√ Conditions Yes√ Conditions Yes√

AIDS/ARC		Chronic Bronchitis		Juvenile Diabetes	
Arthritis		Asthma		Heart Attack/MI	
Rheumatoid Arthritis		Other Lung Disorders		Coronary Artery Disease	
Osteo Arthritis		Hepatitis/Other Liver Disorders		Coronary Bypass Surgery	
Back/Spinal Disorders		Congenital Disease/Defect		Congestive Heart Disease	
Back/Spinal Strain		Paralysis		Pacemaker	
Scoliosis		Multiple Sclerosis		Heart Disease	
Spina Bifida		Cerebral Palsy		Other Heart Disease	
Ulcerative Colitis		Epilepsy		Alcohol or Drug Dependency	
Diverticulitis		Parkinson's Disease		Attempted Suicide	
Crohn's Disease		Alzheimer's Disease or Dementia		Anorexia/Bulemia	
Gastric/Peptic Ulcer		Other Neurological Disorder		Chronic Depression	
Other Bowel/Stomach Disorders		Hemophilia		Other Mental/Emotional Disorders	
Stroke (date)		Kidney/Urinary Disorders		Sexually Transmitted Disease	
Cancer (type)		Tumors/Growths		Deafness	
Emphysema		Diabetes Mellitus (give 3 blood sugars with dates)		High Blood Pressure (give last 3 pressures with dates)	

Please list all allergies:

\_\_\_\_\_

Please list any other serious medical conditions you may have experienced (i.e. automobile accidents or surgeries - including date, description of event and length of treatment) and medications (including name, dosage, and length of time taken):

\_\_\_\_\_

Current Medication (and dosage) taken by client: \_\_\_\_\_

\_\_\_\_\_

## Supervision/Internship

Pathways Christian Counseling has several therapists with supervising licenses. This gives students from area colleges the opportunity to participate in an Internship at our facility. Our interns have completed or are completing their practicum hours which is observation of clients, and the internship students are then able to observe, participate and facilitate sessions.

You may be asked in advance of your session(s) if you are willing to have an intern “sit in” or facilitate your session.

If you are willing to have an intern observe, participate and/or facilitate those counselors in training will be provided with “clinical supervision” and “work supervision”. These types of supervision are in accordance with the laws of the State of Ohio and the rules and regulations of the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board, as well as, the State of Ohio Psychology Board. Supervisors are the primary responsible persons for the clinical services you receive.

The supervisors and the counselors in training are under the same confidentiality guidelines. Please be open to these internship opportunities.

Yes, I am willing to have an intern included in my session.

No, I am not willing to have an intern included in my session.

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### **Simple Agreement Form**

*Client authorizes the Therapist to deposit checks received on Client's account when made out to the Client,*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

(This form only needs to be filled out if we are billing insurance.)

## **NO SHOW/CANCELLATION POLICY**

At Pathways Christian Counseling, your scheduled **50 Minute** appointment time is reserved just for you. We will make every effort to accommodate your scheduling needs. In return, we ask that you help us by keeping your scheduled appointments, arriving on time and notifying us a minimum of twenty-four (24) hours in advance if you are unable to do so. When we receive advanced notice of cancellation we are able to accommodate other clients needing services. Failure to comply with this policy will necessitate the assessment of the following fees:

*Please read and initial.*

\_\_\_\_\_ ***NO SHOW or CANCELLATION*** of a scheduled appointment with less than 24 hours' notice or will result in a No Show Charge of **\$50.00**. A "no show" is defined as when a client does not show for an appointment and does not cancel their appointment at least 24 hours in advance. Situations do unexpectedly arise which makes it necessary to cancel appointments – i.e. illness, inclement weather, family emergencies, etc. We understand that these situations occur and are taken into consideration. Continued cancellation and/or no show may result in discontinuation of services. **This fee cannot be billed to insurance.**

## **ADDITIONAL FEE SCHEDULE**

*These are additional fees that you may incur that cannot be billed to insurance*

\_\_\_\_\_ ***DOCUMENT FEE*** is billed when you request a letter or other documentation from your therapist regarding your treatment. This will be billed at \$10.00 per document.

\_\_\_\_\_ ***COURT APPEARANCE or TESTIMONY*** is billed at an hourly rate, portal to portal, plus mileage and expenses if needed. An additional copy and file preparation charge may be billed for records or other materials subpoenaed.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



## Credit Card Authorization Form

(Optional)

This form is used to assist clients in being responsible for fees incurred in the counseling process. Please fill this out and return.

I hereby authorize Pathways Christian Counseling to charge my (circle one),.

**Visa    MasterCard    American Express    Novus    Diners Club    Discover**

. . . . for my deductible amount and/or copayment amount (where insurance applies) or for the full amount of my fees (as agreed upon with my counselor). I understand that no charges to my credit card will be made in advance of charge incurred through sessions.

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PRINTED NAME: \_\_\_\_\_

CARD NUMBER: \_\_\_\_\_

EXPIRATION DATE: \_\_\_\_\_

YOUR ZIP CODE: \_\_\_\_\_

CREDIT CARD BILLING ADDRESS (home billing address---needed by credit card companies for verification of ownership of card)

\_\_\_\_\_  
CVV NUMBER (last three digits above signature on the back of the card): \_\_\_\_\_

SIGNATURE AND DATE: \_\_\_\_\_

## NOTICE OF PRIVACY PRACTICES

### THIS NOTICE DESCRIBES HOW CLIENT INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Our commitment here at Pathways Christian Counseling is to serve our clients with professionalism and caring, being sure at all times to protect the privacy and security of all Protected Health Information.

During the course of serving your interests it may be necessary to share information with other Health Care Providers or Licensed Supervisors. The following are examples of instances where information may be shared:

In privileged communication, the client is protected from having communications revealed without their explicit permission to do so. For example, we will not release psychological reports about you to schools, agencies, physicians, etc., without your written approval. There are exceptions to this statement on confidentiality, which are outlined below.

- The therapist may discuss your case with a supervisor as a means of determining the most appropriate diagnosis or treatment plan.
- If your fees are paid by a third party (such as an insurance company), certain details of your treatment {e.g. dates, treatment and diagnosis) must be revealed to obtain reimbursement. Many insurance companies now allow you to file claims directly with them so that your employer will not see this information.
- If a client reveals information that indicates a clear danger of injury to him/herself or to others, the therapist will need to contact appropriate authorities or family members.
- By Ohio law, we have a legal responsibility to notify appropriate social agencies of any suspicion or knowledge of the physical or sexual abuse or neglect of a child, a disabled person, or an elderly person.

We here at Pathways Christian Counseling are committed to obeying all Federal, State and Local laws and regulations regarding Privacy Practices. If any other uses or disclosures than the ones listed above are needed, information will only be released with the written authorization of the individual in question. This written authorization may be revoked at any time by the individual, as provided for by law.

If you have any questions or comments regarding your Protected Health Information, feel free to contact our Compliance Officer.

I have read and understand the above Notice of Privacy Practices.

Signed \_\_\_\_\_ Printed Name \_\_\_\_\_ Date \_\_\_\_\_  
(Patient/Guardian) (Print Name)

Office Copy

## ***Consent for Counseling from a Christian Worldview***

I desire psychological counseling from a holistic perspective involving assessment and interventions in the spiritual, emotional, physical, and social realms from a Christian worldview by my therapist at Pathways Christian Counseling (“PCC”).

Since I embrace the Christian spiritual perspective, I desire that my therapist use the language and practices applicable to that worldview. I do not want language and practices used from other worldviews, such as secular, humanist, New Age, atheistic, or Eastern worldviews.

From my Christian perspective, I agree to the use of one or more of eighteen commonly used Christian disciplines described on the following page as part of my treatment plan when spiritual issues are being addressed in my session with my PCC therapist(s).

I understand that no organized religion or religious denomination is being promoted by my therapist or by PCC in general, but he/she is working solely from a biblical worldview.

I understand also that I may experience spiritual confusion or interference in my thoughts by the interplay of spiritual and psychological realities as described below:

- Distressing, unresolved memories may surface through the use of spiritual conflict procedures.
- Some clients have experienced reactions during the treatment sessions that neither they nor the administering clinician may have anticipated, including a high level of emotion or physical sensations.
- Subsequent to the treatment sessions, the process of incidents/material may continue, and other dreams, memories, flashbacks, feelings, and the like may surface.

I further understand that the spiritual dimension if focused on as a part of my overall treatment plan and is not exclusively the focus of treatment.

I understand that I will seek support from my own church and pastoral resources for questions and issues that involve specific doctrinal, religious, or personal spiritual questions and practices.

I understand that spiritual interventions are used when they are intertwined with my psychological and social issues.

I further give my permission for my therapist to discuss with me issues of the afterlife.

Accept

Decline

Client: \_\_\_\_\_ Therapist: \_\_\_\_\_

Date: \_\_\_\_\_ Date: \_\_\_\_\_